ABC Association of Black Cardiologists, Inc.

CLOSING Maternal-Cardio Deserts

A LIFE-COURSE APPROACH TO ADVANCE MATERNAL CARDIOVASCULAR HEALTH

WHERE WE BEGIN

Year 1 pilot states where maternal-care deserts and cardiology-care deserts overlap. Arkansas & Georgia outreach in Year 2.

TWO TRACKS, ONE INTEGRATED APPROACH

FOR CLINICIANS

What clinicians receive:
- Maternal heart-health education
- Referral pathways across specialties
- Clinical tools and resources
- Practice implementation support

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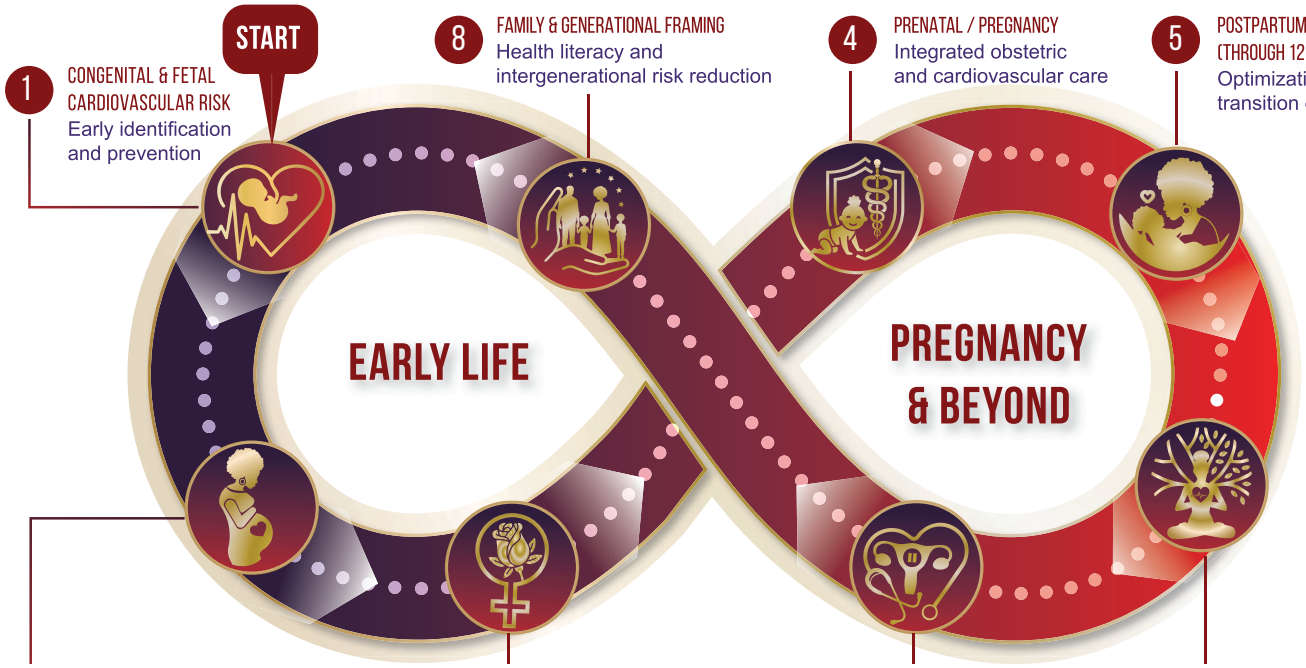
FOR COMMUNITIES

What communities receive:
- Community Health Advocate Training (CHAT)
- Connections to trusted local partners
- Family and patient engagement
- Culturally relevant education

Stronger systems. Healthier women, families and communities.

FROM SIX WEEKS POSTPARTUM TO A LIFETIME OF HEART HEALTH

PREGNANCY CARE SHOULD NOT END AT 6 WEEKS. WE CONNECT MATERNAL AND CARDIOLOGY CARE TO SUPPORT INFORMED DECISIONS ACROSS THE ENTIRE LIFE COURSE.
FOLLOW ONE WOMAN'S HEART HEALTH FROM BEFORE BIRTH THROUGH MENOPAUSE.



1. **CONGENITAL & FETAL CARDIOVASCULAR RISK** — Early identification and prevention
2. **PEDIATRIC & CHILDHOOD PREVENTION** — Early screening and healthy lifestyles
3. **YOUNG WOMEN / REPRODUCTIVE AGE** — Preconception counseling and risk assessment
4. **PRENATAL / PREGNANCY** — Integrated obstetric and cardiovascular care
5. **POSTPARTUM (THROUGH 12 MONTHS)** — Optimization and transition of care
6. **MIDLIFE** — Cardiometabolic and risk factor management
7. **MENOPAUSE & CARDIOVASCULAR DISEASE** — Risk factor and symptom management
8. **FAMILY & GENERATIONAL FRAMING** — Health literacy and intergenerational risk reduction

DO YOUR P.A.R.T. FROM THE START

One framework for clinicians and communities.

- **P** PREGNANT IN THE LAST 12 MONTHS?
- **A** ASSESS SYMPTOMS. WHAT IS SHE FEELING?
- **R** RISK STRATIFY. HOW URGENT IS IT?
- **T** TRIGGER ACTION. CONNECT HER TO CARE, FAST.

OUR GOAL

Build a coordinated, community-driven system that ensures Black Women and their families receive equitable, comprehensive cardiovascular care — throughout the life course.

PHASE 1 AT A GLANCE

2 Pilot states: Louisiana & Mississippi | **120–150** Community health advocates trained | **500+** Clinicians engaged

PARTNER WITH US...

Share heart-health resources • Recruit advocates for CHAT • Connect patients to care • Engage your clinicians in heart-health education

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This program is supported by funding from Merck, through Merck for Mothers, the company's global initiative to help create a world where no woman has to die while giving life. Merck for mothers is known as MSD for mothers outside the United states and Canada.