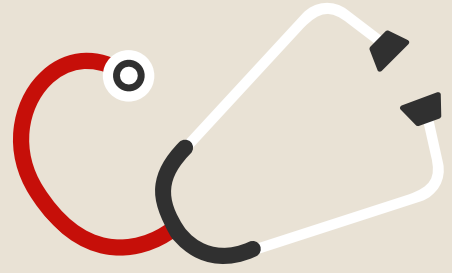


IMPROVING ACCESS TO HEALTH CARE: MINORITY AND HIGH RISK POPULATIONS



A summary report of the ABC Roundtable Regroup Meeting conducted in March 2017

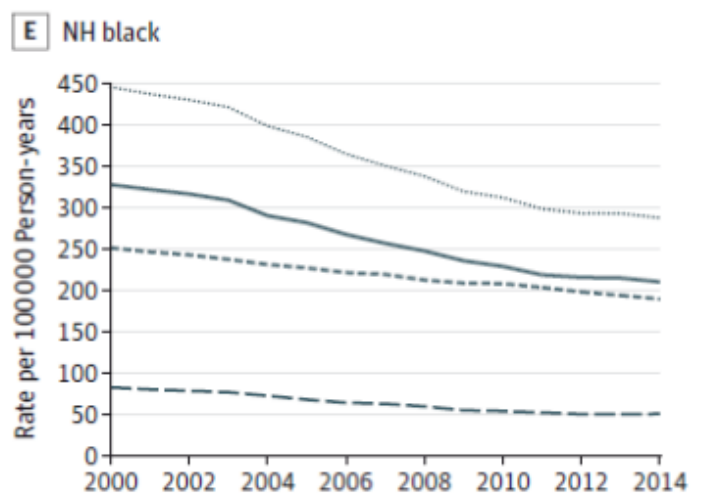
The Association of Black Cardiologists reconvened a diverse group of Roundtable participants with the purpose of prioritizing key access challenges and solutions facing minority and high risk populations.

CARDIOVASCULAR DISEASE (CVD): WHAT YOU SHOULD KNOW

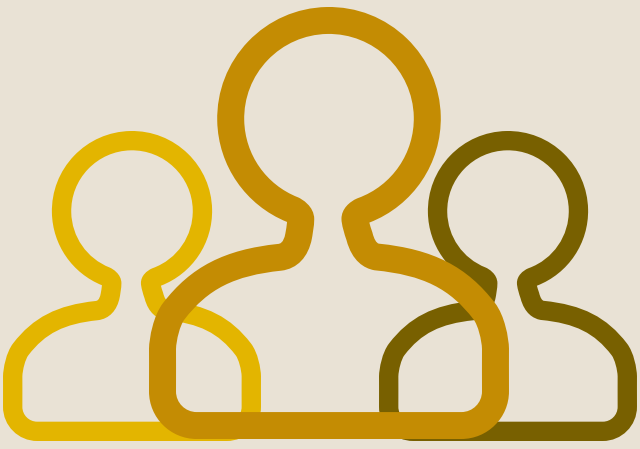
#1

Cause of death in the United States

Rate of CVD mortality ¹



is plateauing



Impact of plateau

This plateauing further marginalizes minority and high risk population with existing challenges to health care

ORIGINAL ACCESS BARRIERS & SOLUTIONS

As identified at the first Roundtable meeting in November 2016

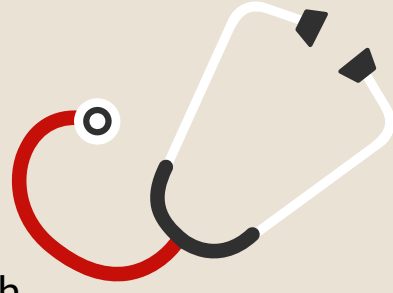
Barrier

- Timely referral to specialists
- Sub-optimal levels of trust and cultural competence
- Access to identifiable primary care
- Impact of socio-economic determinants

Solutions

- Promulgate pharmacy programs that improve patient access
- Standardize and centralize the prior authorization process to decrease paperwork and improve communications
- Advocate for policy changes that encourage providers to accept Medicare and Medicaid
- Expand the utilization of community health worker concept to address access challenges
- Advance telemedicine and telehealth practices and resources that can aid minority populations

ABC PRIORITY SOLUTIONS



Roundtable participants selected **2 priority solution areas** that most adversely impact minority and high risk populations to advance in 2017. However, participants remain committed to all identified solutions.

1

PROMULGATE PHARMACY PROGRAMS



Pharmacists are high-touch health care providers that can promote and execute patient engagement, education, and prior authorization assistance for restricted medications.

Working with small pharmacy programs will help foster trust and adherence for patients.

2

STANDARDIZE AND CENTRALIZE PRIOR AUTHORIZATION PROCESS



Prior authorizations are time consuming and can negatively impact patient care.

Centralizing the process for prior authorizations can improve communication and accountability for high risk and minority populations.

This can also create better opportunities for patients to navigate the prior authorization process.

NEXT STEPS: WORK GROUP

ABC will convene work groups supported by ABC roundtable participants to organize around priority solutions.

GET INVOLVED

Interested in joining a work group?

Contact Sarah Lincoln, ABC Strategic Partner at:
sarah@insideedgeconsulting.com

Summary Call to Action: There is a **critical** need to improve patient access to care and innovative therapies by crafting definitive, collaborative solutions that expand existing services or capabilities, streamline processes, or address problematic policies.



Find out more at:
<http://abcardio.org/>
<https://www.youtube.com/user/TheABCcardio>
<https://www.facebook.com/abcardio>