Faculty List (Continued)

Erin D. Michos, MD, MHS, FACC, FAHA
Associate Professor of Medicine and Epidemiology
Associate Director of Preventive Cardiology
Associate Faculty of the Welch Center for Prevention, Epidemiology and Clinical Research
Ciccarone Center for the Prevention of Heart Disease
Division of Cardiology, Johns Hopkins University School of Medicine
Baltimore, Maryland

Manesh R. Patel, MD, FACC, FAHA, FACAI
Professor of Medicine
Chief Division of Cardiology
Co-Director Heart Center
Duke University Health System

David Perloff, MD, FACC, FACP
Governor Florida Chapter American College of Cardiology (ACC)
Fort Lauderdale, Florida

Marc A. Pohl, MD, FASH
Consultant, Staff, Department of Nephrology and Hypertension, Cleveland Clinic
Past Head, Section of Clinical Hypertension and Nephrology
Past Director Center for Blood Pressure Disorders
Glickman Urological and Kidney Institute, Cleveland Clinic
Cleveland, Ohio

William C. Roberts, MD, MACC
Board Member International Society for Cardiovascular Disease Prevention (ISCVDP)
Executive Director, Baylor Heart and Vascular Institute
Dean, A. Webb Roberts Center for Continuing Medical Education
Baylor University Medical Center
Professor, Department of Internal Medicine
Texas A&M Health Science Center, College of Medicine, Dallas Campus
Editor in Chief, The American Journal of Cardiology and the Baylor University Medical Center Proceedings
Dallas, Texas

Allan B. Schwartz, M.D., FACP, FASN, FASH
Professor of Medicine Division of Nephrology and Hypertension
Drexel University College of Medicine
Board of Directors, American Society of Hypertension
Philadelphia, PA

Jeffery Sell, MD, FACS
Chief Cardiovascular Surgery, Sarasota Memorial Healthcare System
Sarasota, FL

Bola Sogade, MD, FACOG
CEO ObGyne Birth Center for Natural Deliveries
Forsyth, Georgia

Felix Sogade, MD, FACC, FHRS
Georgia Arrhythmia Consultants and Research Institute
Immediate Past Chairman of the Board, Association of Black Cardiologists (ABC)
Macon, Georgia

C. Michael Valentine, MD, FACC
President American College of Cardiology
Stroobants Cardiovascular Center
Lynchburg, Virginia

Nanette K. Wenger, MD, MACC, MACP, FAHA
Program Co-Director
Vice President International Society for Cardiovascular Disease Prevention (ISCVDP)
Professor of Medicine,
Professor of Medicine (Emeritus), Cardiology, Emory University School of Medicine
President Society of Geriatric Cardiology 1994-1995
AHA Chair, Task Force, Heart Education for Women 1990-1999
Past Chief of Cardiology Grady Memorial Hospital
Consultant, Emory Heart & Vascular Center
Atlanta, Georgia

International Faculty

Zlatko Fras, MD, FESC, FACC
Chairman Cardiology Department University of Ljubljana
Medical School
President Slovenian Society of Cardiology
Chair European Congress for Cardiovascular Disease Prevention 2018
Ljubljana, Slovenia, Europe

Congress Registration:

PHYSICIANS $175.00
Prior to January 15, 2019, 250 dollars thereafter
Other health care professionals..... $75.00
Society Members & Previous Attendees..... $100.00
(Limited to 100, Prior to Jan. 15, 2019)
MEDICAL STUDENTS and NURSES first 50 registrants.....Free

Public invited free for Saturday afternoon session. Space is limited, must pre-register.

Only confirmed attendees will be allowed in.

Optional lunch for healthcare providers :
(Free lunch for the 100 healthcare providers who register first)
☐ Yes I will attend ☐ No, I will not attend

Physicians Only Optional free dinner Symposiums:
(Dinner limited to only 75 physicians / first registered, first served)
☐ Yes I will attend ☐ No, I will not attend

Make checks payable to:
International Society for Cardiovascular Disease Prevention
19th Annual Congress on Early Cardiovascular Disease Prevention
and mail to the address listed below.*

FOR CREDIT CARD PAYMENT ONLINE AT ISCVDP.org OR Cardiologycenter.net
REGISTRATION FORM

Name:_____
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Address:_____
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ONLY CONFIRMED ATTENDEES WILL BE ALLOWED IN.

***Clip & Send Registration Form & Appropriate Fee to:**
International Society for Cardiovascular Disease Prevention,
19th Congress on Early Cardiovascular Disease Prevention
PO Box 433, Sarasota, FL 34230.

May also register on line at:
www.iscvdp.org or www.cardiologycenter.net

For additional information, please call **941 366 9800**
or visit **www.iscvdp.org or www.cardiologycenter.net**

Travel and Discounted Hyatt Regency Hotel Arrangements
Please call:
ADMIRAL TRAVEL at 888 722 3401 or 941 951 1801
1284 N Palm Ave., Sarasota, FL 34236
www.admiraltravel.com

Educational Objectives:

The course is designed to present for participants:
- Review of Novel Approaches for Early Cardiovascular Disease Prevention and Optimal Diagnosis and Management of Primary and Secondary Cardiovascular Diseases in order to avert or delay a Catastrophic Cardiovascular Event
- Update on Hypertension and Cardiorenal Syndrome
- Update on Treatment Modalities for Ischemic Heart Disease In Women
- Update on Novel Approach for treatment of Dyslipidemia: PCSK9 Inhibitors
- Update on Systematic Approach to Risk Stratification And Screening
- Update on the use of Imaging Modalities for the Diagnosis and Management of CV Disease
- Update on Diabetic Heart Disease and Heart Failure

19 Renouned Professors of Cardiology will be the host Faculty for this Congress to discuss incorporation of these new developments into clinical practice. In addition to lectures, there will be case presentations to encourage discussion and audience participation

The final take-home message from this Symposium is:
Time to Focus on Early Cardiovascular Disease Prevention. Time to be good to your heart: Early detection for Optimal Prevention.

Topics:

- Novel Approach for Cardiovascular Disease Assessment & Prevention
- Management of Diabetes & Obesity
- New Guidelines in Hypertension and Dyslipidemia/PCSK9 Inhibitors
- Current and Future Management of Dyslipidemia and Atherosclerosis
- Women's Heart Disease
- Update on the current management of Deep Vein Thrombosis
- Stroke Prevention in NVAF
- Update on New Guidelines for Treatment of Diabetes, Hypertension, Dyslipidemia and Heart Failure
- Sleep Disorders and Heart Disease
- Update on Cardiovascular Imaging
- Dietary Management
- Cardio Oncology
  and much more

Meeting Description:

This CME activity is designed for the cardiologist, internist, pharmacists primary care physicians, emergency room physicians, nurses, respiratory therapists and other health care providers who manage patients with cardiovascular disease.

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the ISCVDP and Florida Medical Association (FMA). The FMA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Florida Medical Association designates this live activity for a maximum of 11.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity

In support of improving patient care, Rush University Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. The maximum number of hours awarded for this CE and ACPE activity is 11.5 contact hours.

FMA Accreditation PROGRAM
JOINTLY ACCREDITED PROVIDER™ INTERPROFESSIONAL CONTINUING EDUCATION
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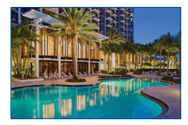

Location: Hyatt Regency
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Sarasota, FL 34236
Phone:(941) 953-1234

The Cardiovascular Health Assessment Center at Cardiovascular Center of Sarasota
1950 Arlington Street Suite 300
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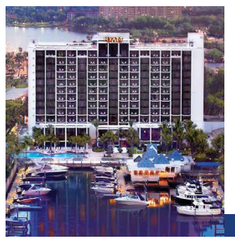
www.cardiologycenter.net

ISCVDP
International Society for Cardiovascular Disease Prevention

CARDIOVASCULAR CENTER OF SARASOTA FOUNDATION FOR RESEARCH AND EDUCATION

19th Annual National Sarasota Congress on Cardiovascular Disease Prevention: Update 2019



CME Accredited Program Approved for 11.5 CME, CEU's and ACPE
Hosted by 19 of the Most Renowned Professors of Cardiology Nationally and Internationally
Friday & Saturday February 1st-2nd, 2019

Hyatt Regency, Sarasota, FL

Jointly Provided by:

The International Society for Cardiovascular Disease Prevention [ISCVDP]
Sarasota Cardiovascular Health Assessment Center
and The Cardiovascular Center of Sarasota Foundation for Research;
and Education and The Florida Medical Association

Celebrating 44 Years of Preventing and Treating Cardiovascular Disease in Sarasota Florida

In Cooperation With:

University of Minnesota, Center for Cardiovascular Disease Prevention,
Sarasota Memorial Healthcare System, Sarasota Memorial Healthcare Foundation, Association of Black Cardiologists (ABC)
and Members of the American College of Cardiology, Florida Chapter

SARASOTA MEMORIAL HEALTH CARE SYSTEM
SARASOTA MEMORIAL HEALTHCARE FOUNDATION
FLORIDA CHAPTER
ABC Association of Black Cardiologists, Inc. Saving the Hearts and Minds of a Diverse America
FMA Accreditation PROGRAM

Program Director:
Mahfouz El Shahawy, MD, MS. FACP, FESC, FASPC, FASH, FSCCT, FAHA, FACC, FASPC

Program Co-Director:
Jay N. Cohn, M.D., F.A.C.C.

For more details and registration visit www.ISCVDP.org

ISCVDP
International Society for Cardiovascular Disease Prevention

19th Annual National Sarasota Congress for Cardiovascular Disease Prevention Update 2019: Time to Focus on Early Cardiovascular Disease Prevention and Optimal Diagnosis and Management of Primary and Secondary Cardiovascular Diseases

SARASOTA MEMORIAL HEALTH CARE SYSTEM
SARASOTA MEMORIAL HEALTHCARE FOUNDATION
FMA Accreditation PROGRAM
ABC Association of Black Cardiologists, Inc. Saving the Hearts and Minds of a Diverse America

CARDIOVASCULAR CENTER OF SARASOTA FOUNDATION FOR RESEARCH AND EDUCATION
FLORIDA CHAPTER

Friday & Saturday, February 1st - 2nd, 2019
Hyatt Regency, Sarasota, FL

Accredited Program Approved for 11.5 CME, CEU and ACPE.

CME Accredited Program Jointly Provided by: The International Society for Cardiovascular Disease Prevention [ISCVDP], The Cardiovascular Center of Sarasota Foundation for Research and Education, The Cardiovascular Health Assessment Center and The Florida Medical Association

In cooperation withUniversity of Minnesota, Center for Cardiovascular Disease Prevention, Sarasota Memorial Healthcare System, Sarasota Memorial Healthcare Foundation, Association of Black Cardiologists [ABC] and The American College of Cardiology Florida Chapter

FRIDAY February 1st, 2019, 12:00 PM to 5:30 PM
Afternoon Session

Optional Luncheon Symposia Early Registration Encouraged,
Space Limited Lunch by invitation only served from 11:30-12:30

11:30 AM 1. Cardiovascular Risk and Heart Failure as a Complication of T2D ..... V. Howard, MD, FACC
11:30 AM 2. Treatment Approaches for Atrial Fibrillation: Is Watchman Right for Your Patient?..... Robert Gillespie, MD FACC
12:30 PM 3. ABC's Collaborative Value-Based Care Model: A Novel Multifaceted Approach to Targeting and Eliminating Cardiovascular Disease Disparities in Access and Outcomes.....J. Fontaine, MD, FACC

SESSION ONE
Advances in the Past 12 Months in Cardiovascular Disease Prevention

Chairpersons: Drs. J. Cohn, M. El Shahawy, and N. Wenger

1:00 PM **Registration**
1:15 PM **WELCOME: Program Director:**
M. El Shahawy, MD, MS, FESC, FAHA,FASPC, FACC
Gregory Carter, Past Chairman Sarasota County Public Hospital Board
Co-Directors Professors: J. Cohn. A. DeMaria, and N. Wenger
1:30 PM Novel Approach for Cardiovascular Disease Risk Assessment.....J. Cohn, MD
1:50 PM Diabetic Heart Disease.....M. El Shahawy, MD
2:10 PM Hypertension: New Guidelines ..... A. Schwartz, MD
2:30 PM Heart Failure: Diagnosis and Management Update .....A. DeMaria, MD
2:50 PM Stroke Prevention in Atrial Fibrillation ..... R. Gillespie, MD
3:10 PM Coronary Artery Calcium Scores to Guide Discussion for Use of Statins in Primary Prevention.....E. Michos, MD
3:30 PM **Coffee Break**
3:45 PM Cardio-Oncology .....M. Fradley, MD
4:00 PM Cardiac Rehabilitation: 2019.....N. Wenger, MD
4:20 PM Panel Discussion: Moderators: ... Drs. M. El Shahawy, M. Valentine
Panelists .....All Faculty
5:15 PM Adjourn

Optional Dinner Symposia Early Registration Encouraged,
Space Limited Dinner by invitation only served from 5:30-6:30

5:30 PM **1.** Clinical Implications of Anticoagulation in Peripheral Arterial Disease.....M. Patel, MD, FACC
6:30 PM 2. Practical Management in PAH: A Case-Based Approach .....F. Jimenez-Carcamo, MD, FACC

SATURDAY February 2nd, 2019, 8:00 AM to 12:30 PM
Morning Session

Optional Breakfast Symposia Early Registration Encouraged
Space Limited

6:30 AM Elevated Triglyceride Levels as a Cardiovascular Risk Factor: What are the Management Implications? .....N. Wenger, MD, MACC

SESSION TWO
Advances in the Past 12 Months in Cardiovascular Disease Prevention

Chairpersons: Drs. J. Cohn, M. El Shahawy, and A. DeMaria

7:45 AM **Registration**
8:00 AM **WELCOME: Program Director**
M. El Shahawy, MD, MS, FESC, FACC, FASPC, FAHA
David Verinder, President and CEO, SMH Healthcare System
Gregory Carter, Past Chairman Sarasota County Public Hospital Board
8:30 AM Hypertension in Women Across the Lifespan .....N. Wenger, MD
8:50 AM Novel Drugs for the Treatment of Diabetes .....K. Ferdinand, MD
9:10 AM Familiar Hyperlipidemia .....S. Kopecky, MD
9:30 AM Past, Present and Future History of Cardiovascular Disease Prevention .....M. El Shahawy, MD
9:50 AM Aortic Valve Disease .....W. Roberts, MD
10:10 AM **Coffee Break**
10:30 AM Cardio Renal Syndrome.....M. Pohl MD
10:50 AM Cardiovascular Imaging Modalities: Update 2019 .....A. DeMaria, MD
11:10 AM Acute Coronary Syndrome and Secondary Prevention .....M. Valentine
11:30 AM Cardiac Surgery; Update 2019.....J. Sell, MD
11:50 AM Panel Discussion: Moderators ..... Drs. T. Kelly, K Ferdinand, A. DeMaria and Z. Fras
Panelists .....All Faculty
12:00 PM Adjourn for Lunch

Optional Lunch Symposia Early Registration Encouraged,
Space Limited Lunch by invitation only served from 12:15-1:15

12:05 PM 1. Current Treatment of Dyslipidemia Beyond Statin: PCSK9 Inhibiter..... D. Perloff, MD, FACC
12:50 PM 2. The Value of Enhanced Echocardiography in the Evaluation and Management of Patients With Chest Pain ..... A. DeMaria, MD, FACC and M. Dolan, MD, FACC

SATURDAY February 2nd, 2019, 1:30 PM to 6:00 PM
Afternoon Session

GENERAL PUBLIC IS INVITED TO ATTEND THIS SESSION

SESSION THREE
Joint Session with Association of Black Cardiologists (ABC)
Women's Heart Disease Update 2019 Advances in the Past 12 Months in Cardiovascular Disease Prevention

Chairpersons:
.....Drs. M. El Shahawy, J. Cohn. A. DeMaria, and N. Wenger

1:45 PM **Registration**
1:50 PM **WELCOME: Program Director:**
M. El Shahawy, MD, MS, FESC, FASPC, FAHA, and FACC
Co-Directors Professors: J. Cohn, and N. Wenger
Thomas Kelly, MD, Sarasota Memorial Healthcare Foundation
1:55 PM Coronary Heart Disease in Women: Evolution of our Knowledge .....N. Wenger, MD
2:15 PM Pregnancy and Women's Heart Disease.....B. Sogade, MD
2:35 PM Obesity Is A Major Risk Factor .....M. El Shahawy, MD
2:55 PM Diet and Supplements for Cardiovascular Disease Prevention ..... E. Michos, MD
3:10 PM Cardiovascular Risk Factors ..... I. Fergus, MD
3:30 PM **Coffee Break**
3:50 PM Cardio Metabolic Syndrome ..... K. Ferdinand, MD
4:10 PM Controversies in Cardiac Arrhythmia Management .....J. Fontaine, MD
4:30 PM Prevention in Atrial Fibrillation .....F. Sogade, MD
4:50 AM Novel Anticoagulants ..... D. Perloff, MD
5:10 PM Slowing Disease Progression: A Therapeutic Approach to Prevention .....J. Cohn, MD
5:30 PM Panel Discussion: Moderators .....Drs. I. Fergus, M El Shahawy
Panelists .....All Faculty
6:00 PM Concluding Remarks and Adjourn

Faculty List

Mahfouz El Shahawy, MD, MS, FACP, FESC, FASCP, FASH, FSCCT, FAHA, FACC, FASPC
Program Director
President International Society for Cardiovascular Disease Prevention (ISCVDP)
Fellow American Society of Preventive Cardiology
Clinical Professor of Medicine, Universities of Florida and South Florida,
Golden Doctor Diploma University of Vienna Austria 2014
Member Board of Trustee American society of Preventive Cardiology [ASPC]
Past Member Board of Trustees Association of Black Cardiologists [ABC]
Medical Director, Cardiovascular Health Assessment Center
President, Cardiovascular Center of Sarasota
Medical Director and Founder SMH Cardiovascular Disease Prevention Center 2007 - 2010
Sarasota, Florida

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Program Co-Director
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University of Minnesota Medical School, Cardiovascular Division, Minneapolis, MN
President American Society of Hypertension, 1990-1992
President International Society of Hypertension, 1996-1998
President Heart Failure Society of America, 1995-1998
President International Society of Cardiovascular Pharmacotherapy, 2008-2010
Minneapolis, Minnesota

Anthony DeMaria, MD, FACC
Program Co-Director
Vice President International Society for Cardiovascular Disease Prevention (ISCVDP)
Professor of Medicine, Division of Cardiovascular Disease, U.C. San Diego, CA
President American College of Cardiology 1989-1990
Editor in Chief of American Journal of Cardiology 2002-2014
San Diego, California

Keith C. Ferdinand, MD, FACC, FAHA, FASH, FNLA
Board Member International Society for Cardiovascular Disease Prevention (ISCVDP)
Past Chairman Board of Directors Association of Black Cardiologist (ABC)
Professor of Medicine Tulane University
New Orleans, Louisiana

Icilma V. Fergus, MD, FACC
Associate Professor of Medicine
Director Mount Sinai Heart Center for Cardiovascular Disparities
Board Member Founder's Affiliate, Pres. Westchester Chapter, American Heart Assn.
Past President Association of Black Cardiologists
Founder and Director Healhy Heart Series
New York, New York

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Drexel University College of Medicine
President Association of Black Cardiologists (ABC)
Philadelphia, Pennsylvania

Michael Fradley, MD
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Associate Professor, University of South Florida
Tampa, Florida

Robert Gillespie, MD, FACC,
Director of Nuclear Imaging, Sharp Rees-Stealy Medical Group
Past Chairman of the Board, Association of Black Cardiologists (ABC)
San Diego, California

Thomas Kelly, MD, FACS
Secretary/Treasurer International Society for Cardiovascular Disease Prevention (ISCVDP)
Board Member, Sarasota Memorial Healthcare Foundation
Cardiovascular Surgeon, Sarasota Memorial Hospital
Sarasota, Florida

Stephan Kopecky, MD, FACC
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Past Presisentof the American Society for Preventive Cardiology (ASPC)
Rochester, Minnesota