

Cardiology Update 2018

ABC/NMA Joint Symposium

Association of Black Cardiologists in collaboration with National Medical Association (Internal Medicine Section)

Monday, August 13, Orlando, FL

5:45 PM — 9:00 PM

**Rosen Shingle Creek, 9939 Universal Blvd,
Orlando, FL 32819
Penzacola H3**

Program Description: Cardiovascular disease (CVD) is the number one cause of death in women in the United States. Gender differences in presentation, risk factors and outcomes have been established, and minority women are at an especially high risk of death from CVD. In an effort to further education in this area, an expert faculty has been convened to highlight the latest prevention, treatment and management strategies for CVD, observations in cardiovascular resilience in African American women as well as myocardial infarction with non-obstructive coronary arteries (MINOCA), and current trends of maternal cardiovascular morbidity and mortality. The update on “The ABC Access to Care Initiative” will provide participants with consensus-driven solutions that can enhance access and positively impact minority and high risk communities. This program is designed to share knowledge and best practices with health care providers who care for female patients, across all ages, and to ultimately improve the overall cardiovascular health of women.

Learning Objectives: At the conclusion of this educational program, participants should be better able to recognize risk factors and clinical presentations of cardiovascular disease in women; better manage cardiovascular disease in the setting of pregnancy for safe outcomes at all stages, including labor, delivery and postpartum; explore innovations in women’s health and new insights from research; and apply knowledge to fill information gaps and actions that lead to better access to care for minority patients (insured and uninsured).

Target Audience: This activity is intended for physicians (cardiologists, internists, primary-care practitioners) and other health care professionals involved in the care of patients with or at risk for cardiovascular diseases.

Continuing Medical Education: Association of Black Cardiologists, Inc. (ABC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Association of Black Cardiologists, Inc. designates this educational activity for a maximum of 2.5 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This educational program is supported, in part, by Amgen, Abbott and Janssen.

[CLICK HERE to register for FREE Symposium](#)

A WoMan’s Disease

Addressing the Onset, Symptoms and Management of Cardiovascular Disease Throughout a Woman’s Life Cycle

CO-CHAIRS

Myrna Alexander Nickens, MD, FACC

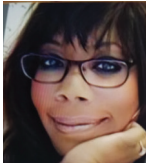
Associate Professor, Cardiovascular Diseases, University of Mississippi Medical Center, Jackson, MS

Kecia Gaither, MD, MPH, FACOG

Maternal Fetal Medicine, Director, Perinatal Services
Lincoln Medical and Mental Health Center, Bronx, NY



M. Nickens



K. Gaither

AGENDA

5:45-6:15 **Registration/Reception — Dinner Buffet**

6:15-6:30 **Welcome & Opening Remarks**

Cheryl Pegus, MD, ABC Board Chair

Myrna Alexander-Nickens, MD, ABC Program Co-Chair

Kecia Gaither, MD, ABC Program Co-Chair

Section I **The Dr. Richard Allen Williams Founder’s Lecture**

Introduced by **Myrna Alexander-Nickens, MD**

6:30-7:00 **Observations of Cardiovascular Resilience in African Women**

Herman Taylor, MD, MPH, FACC, FAHA

Endowed Professor and Director of Cardiovascular Research Institute (CVRI), Morehouse School of Medicine

7:00-7:10 **Discussion**

Section II **CVD in Women**

Moderated by **Bola Sogade, MD, FACOG**

7:10-7:20 **Case Presentation: 38 YO, 12 Week Pregnant Woman With SOB; What is Your Diagnosis?**

Megan Toole, MD, PGY-4, University of MS Medical Center, Department of Internal Medicine (Cardiology)

7:20-7:30 **Discussion**

7:30-7:50 **Peripartum Cardiomyopathy**

Kecia Gaither, MD

7:50-8:10 **Pregnancy and Cardiovascular Disease**

Myrna Alexander Nickens, MD

8:10-8:30 **Non-Obstructive Coronary Artery Disease in Women**

Karol Watson, MD, PhD, FACC

Professor of Medicine/Cardiology, Co-director, UCLA Program in Preventive Cardiology, Director, UCLA Barbra Streisand Women’s Heart Health Program, David Geffen School of Medicine at UCLA

8:30-8:45 **Panel Discussion**

Kecia Gaither, MD, Myrna Alexander Nickens, MD, Karol Watson, MD, PhD

Section III **Access to Care**

8:45-9:00 **Update: The ABC Initiative to Improve Health Care Access for Minority and High-Risk Populations**

Keith C. Ferdinand, MD, FACC, FAHA, FNLA, FASH Professor, Tulane University SOM



H. Taylor



B. Sogade



M. Toole



K. Watson



K. Ferdinand

9:00 **Closing Remarks**