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# ABC-ACC Eliminating Access Disparities

Association of Black Cardiologists  
American College of Cardiology

**Presented:  
March 9, 2018  
Orlando, FL  
Hilton Orlando**

# Sample

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## 2018 Report: **Eliminating Barriers and Reducing Disparities** *Focus on Lower SES Practices*

Online survey – targeted sample of ABC & ACC active physicians

In field from Jan. 23 – Feb. 16, 2018: 159 completes

Targeted-sample of ACC cardiologists practicing in areas with a higher proportion of households below the poverty level

# Demographics

Physician Race/Ethnicity	
Black/African American	37%
White/Caucasian	36%
Asian	20%
Hispanic/Latino	3%
American Indian/Alaska Native	1%
Other	6%
Refused	3%

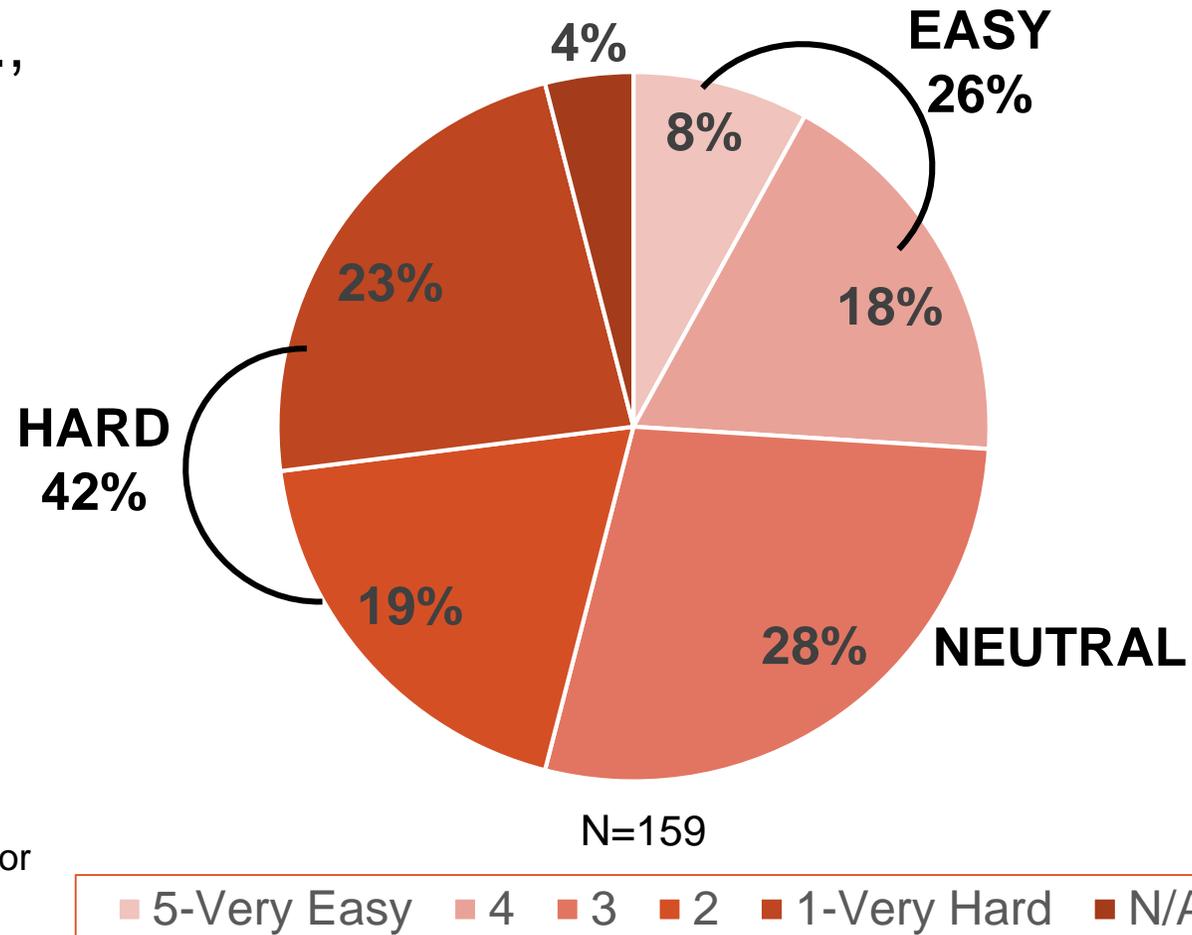
Practice setting	
Cardiovascular Group	36%
Medical School/University	35%
Hospital	12%
Multispecialty Group	8%
Solo Practice	4%
Other	4%
None/Not in practice	1%
No answer	1%

N=159

Overall, physicians indicate an average of about 41% of the patients served by their practice are minority patients.

# Ease or Difficulty Accessing New Therapies

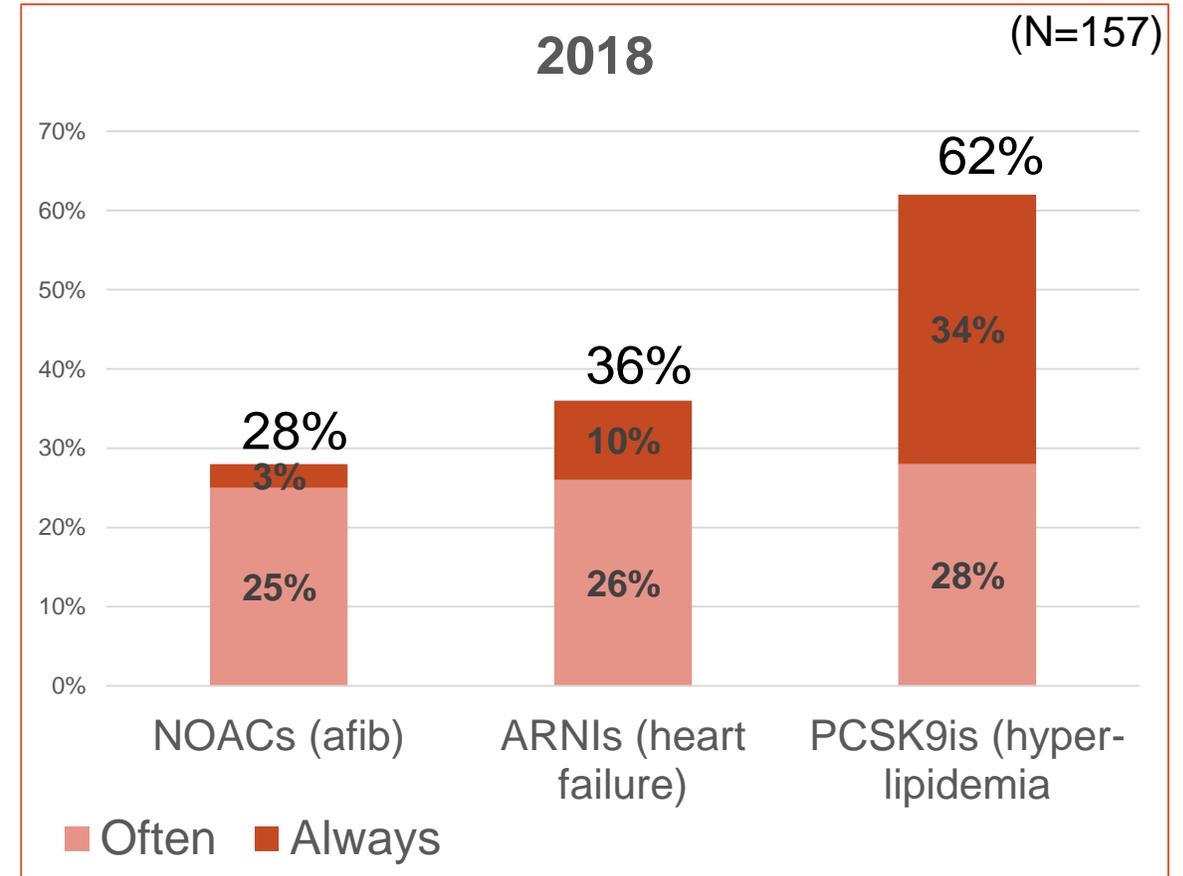
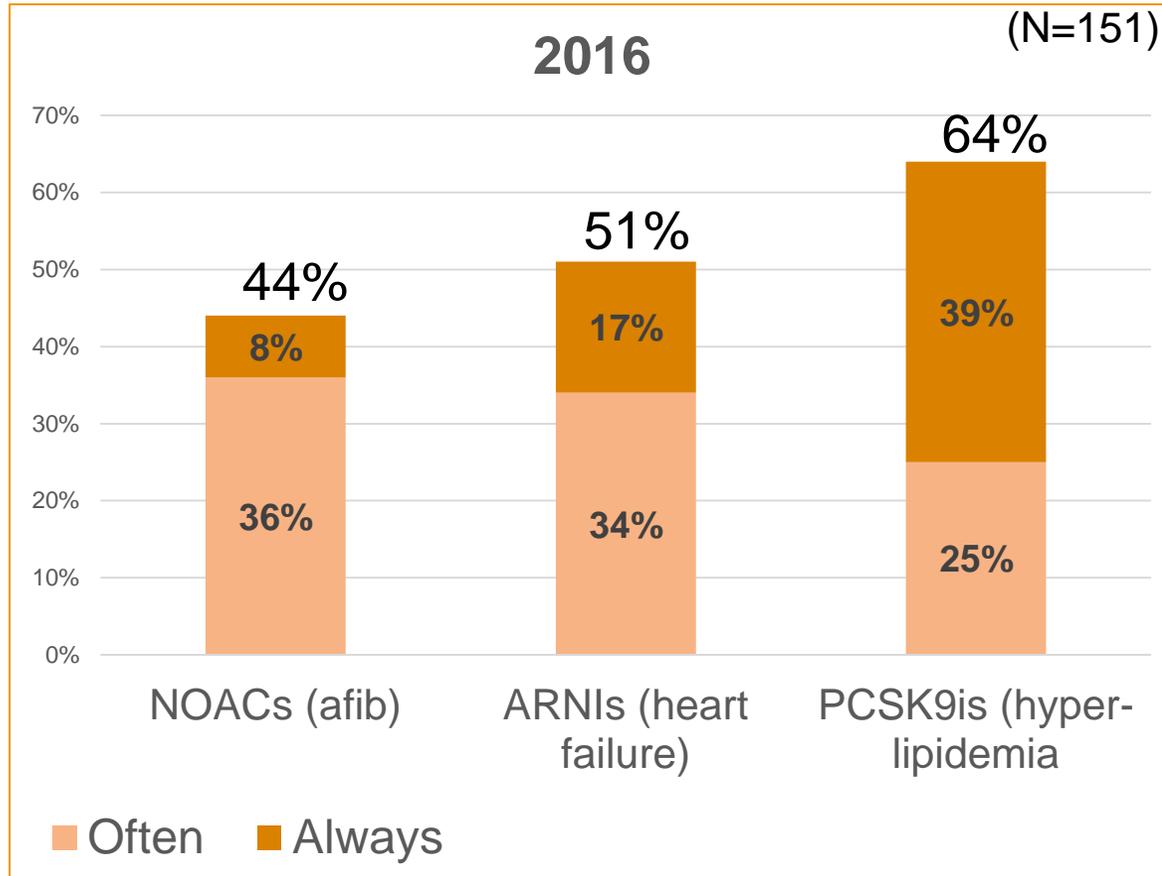
Ability to access to new pharmacologic therapies (e.g., ARNI/PCSK9i/NOACs) for patients



How easy or difficult is it for you to get access to new pharmacologic therapies (e.g., ARNI/PCSK9i/NOACs) for your patients from health plans/pharmacy benefit managers (PBMs)?

# Access to CVD Therapies Limited

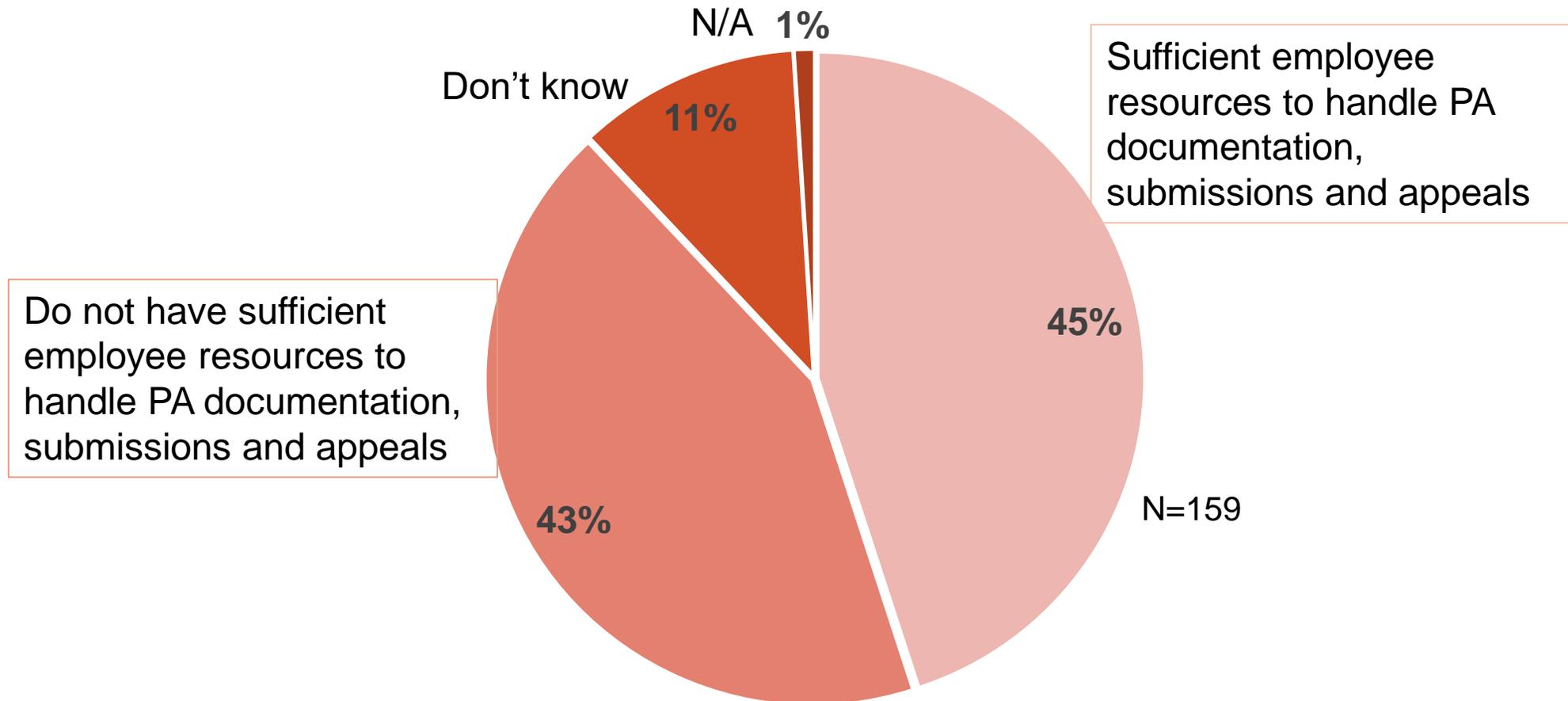
Prescriptions “Always” or “Often” delayed or denied<sup>1,2</sup>



<sup>1</sup>American College of Cardiology. *Cardiologist Perceptions of Access to New Therapies*. October 2016. CardioSurve.

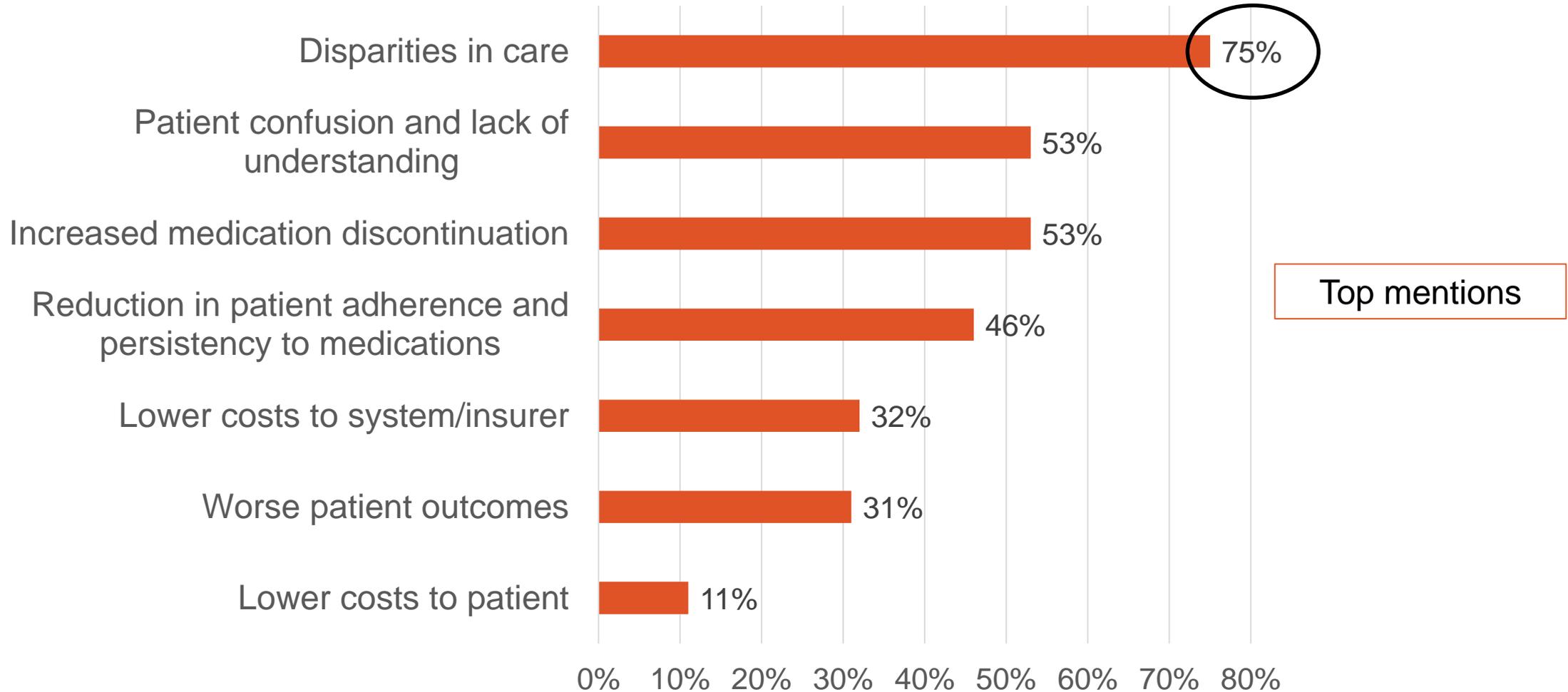
<sup>2</sup>American College of Cardiology. *Eliminating Barriers and Reducing Disparities*. January - February 2018 Survey.

# Resources to Manage Prior Authorization



*Do you have sufficient employee resources in place to properly manage prior authorization (PA) documentation, submissions, and appeals?*

# How Formulary Restrictions Impact Patients



*In your opinion, how do medication formulary restrictions impact patients?*

N=159; multiple responses allowed

# Attitudes Toward Minority Health Care

N=159

Top 2 box - total agree

I am in a position to make a difference in the quality of health care that minority patients receive	79%
Whites with heart disease are more likely than some minorities with heart disease to get the newest medicines and treatments	73%
Across the US, minority patients generally receive lower quality care than white patients	71%
Some minorities with heart disease are less likely than whites with heart disease to get specialized medical procedures and surgery	70%
I often think about what I can do to interact more effectively with my minority patients	67%
It is important for physicians to devote extra time to the health needs of their minority patients	66%
In health care, in general, clinically similar patients receive different care on the basis of race/ethnicity	58%
In my hospital or clinic, clinically similar patients receive different care on the basis of race/ethnicity	24%

Please rate your level of agreement with the following statements

# Being Part of the Access Solution

What role would you like to see the ACC/ABC have in helping to ease your burden of providing medication PA's/documentation and overcoming insurance denials?

N=159

Take leadership in helping providers and patients reduce administrative burden of access to innovative new evidence-based therapies	65%
Develop standardized PA forms	61%
Create centralized repository to access formulary coverage information and patient assistance programs	48%
Communicate/disseminate guidelines and expert consensus pathways to better inform guideline directed care and medical necessity to satisfy requirements for PA	47%
Create more resources that help overcome barriers	45%