Inova Heart and Vascular Institute
Cardiovascular Symposium 2011
Contemporary Strategies for Practice Excellence in Cardiovascular Disease

Saturday, February 26, 2011
7:00 AM – 4:30 PM
Inova Fairfax Hospital
Physicians Conference Center
Falls Church, VA
Dear Colleague,

I invite you to join us and our expert faculty from around the country at the inaugural Inova Heart and Vascular Institute Cardiovascular Symposium, Contemporary Strategies for Practice Excellence in Cardiovascular Disease on February 26, 2011.

This unique program will focus on strategies for the prevention, detection and treatment of cardiovascular disease. It will also provide opportunities for physicians, nurses and other allied health care professionals to come together to discuss innovations in practice, recent findings from research and the challenges that confront us in current cardiovascular care.

The goal of the symposium is to improve patient care through early identification and treatment strategies for patients with, or at risk of developing, cardiovascular disease. A prestigious faculty of experts has been assembled to provide a comprehensive review of best practices in cardiovascular disease today.

We are committed to making this symposium one of the most interactive and effective CME opportunities available.

Best regards,

Merdod Ghafouri, DO, FACC

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The management of cardiometabolic risk factors is rapidly evolving in response to the development of new pharmacological agents and the release of several landmark studies. Discussing these advances in the context of individualized risk management is critical for establishing best practices in patient care.

— Harvey Sherber, MD
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<td>7:00am-7:50am</td>
<td>Registration and Continental Breakfast</td>
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<td>7:50am-8:00am</td>
<td>Opening Remarks</td>
<td>Merdod Ghafouri, DO</td>
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<tr>
<td>8:00am-8:30am</td>
<td>Inflammation and Cardiometabolic Risk: Integrating Science into Clinical Practice</td>
<td>Paul M. Ridker, MD</td>
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<td>8:30am-9:00am</td>
<td>Shifting from Decreasing Risk to Preventing Atherosclerotic Plaque</td>
<td>William C. Roberts, MD</td>
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<td>9:00am-9:25am</td>
<td>Clinical Controversies in Treatment of Dyslipidemia</td>
<td>Roger Blumenthal, MD</td>
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<td>9:25am-9:50am</td>
<td>Dilemmas in the Management of Cardiometabolic Syndrome: Where We Are Today</td>
<td>Richard Nesto, MD</td>
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<td>9:50am-10:10am</td>
<td>Session I: Panel Discussion and Audience Participation</td>
<td>Merdod Ghafouri, DO, Roger Blumenthal, MD, Paul E. DiLorenzo, MD, Richard Nesto, MD, Paul M. Ridker, MD, William C. Roberts, MD</td>
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<td>10:10am-10:20am</td>
<td>Break and Exhibits</td>
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<td>10:20am-10:50am</td>
<td>Stress Echocardiography is the Ideal Test</td>
<td>Harvey Feigenbaum, MD</td>
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<td>10:50am-11:15am</td>
<td>Myocardial Perfusion is Superior</td>
<td>Vasken Dilsizian, MD</td>
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<td>11:15am-11:40am</td>
<td>Sleep Apnea and Cardiovascular Disease: Evidence, Mechanism, and Clinical Implication</td>
<td>Virend Somers, MD</td>
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<td>11:40am-12:00pm</td>
<td>Session II: Panel Discussion and Audience Participation</td>
<td>Merdod Ghafouri, DO, Vasken Dilsizian, MD, Harvey Feigenbaum, MD, Narian Rajan, MD, Robert Shor, MD, Virend Somers, MD</td>
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<td>12:00pm-1:15pm</td>
<td>Luncheon Guest Speaker: The Honorable Newt Gingrich</td>
<td>The Cost and Consequence of Health Care Reform</td>
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<td>1:15pm-1:35pm</td>
<td>Top Ten Recent Clinical Studies in Cardiology that Will Change Your Clinical Practice in 2011</td>
<td>Peter A. McCullough, MD</td>
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<td>1:35pm-2:00pm</td>
<td>Troponin Elevation in Chest Pain Patients: If it’s Not an MI, What is It?</td>
<td>Michael C. Kontos, MD</td>
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<td>2:00pm-2:25pm</td>
<td>Stroke Prevention in Atrial Fibrillation: New Antithrombotic Agents</td>
<td>Kenneth Ellenbogen, MD</td>
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<td>2:25pm-2:45pm</td>
<td>Session III: Panel Discussion and Audience Participation</td>
<td>Joseph Kiernan, MD, Khalid Abousy, MD, Kenneth Ellenbogen, MD, Michael C. Kontos, MD, Peter A. McCullough, MD, Marc Wish, MD</td>
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<td>3:00pm-3:25pm</td>
<td>Treating Hypertension by the Guidelines: Advantages and Limitations</td>
<td>Robert A. Phillips, MD</td>
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<td>3:25pm-3:50pm</td>
<td>Advances in Cardiovascular Surgery</td>
<td>Paul Massimiano, MD</td>
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<td>3:50pm-4:15pm</td>
<td>Advances in Interventional Cardiology</td>
<td>Frederick Welt, MD</td>
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<td>4:15pm-4:30pm</td>
<td>Session IV: Panel Discussion and Audience Participation</td>
<td>Harvey Sherber, MD, Paul Massimiano, MD, Robert A. Phillips, MD, Bryan Raybuck, MD, Kevin Rogan, MD, Hamid Taheri, MD</td>
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<td>4:30pm</td>
<td>Closing Remarks</td>
<td>Merdod Ghafouri, DO</td>
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*How should you treat coronary artery disease—medication or revascularization? Perhaps a more interesting question is whether we can identify patients at risk and prevent the disease.*

—Merdod Ghafouri, DO
This symposium combines lectures, interactive seminars and question-and-answer sessions focusing on the latest preventative, therapeutic and diagnostic approaches to cardiovascular disease.

**Statement of Need**
Heart disease is the number one killer of American men and women. Approximately 80,000,000 people in the United States have some form of cardiovascular disease and the prevalence continues to rise. Despite the well documented known risk factors, such as dyslipidemia, hypertension and diabetes, these conditions are undertreated.

**Conference Objectives**
The goal of the symposium is to enhance knowledge and increase competency of cardiovascular clinicians and improve patient care.

At the end of the program, the participant should be able to:

- Apply contemporary strategies for prevention, detection and treatment of cardiovascular disease to their clinical practice.
- Discuss current status of stroke prevention in patients with atrial fibrillation and new anticoagulation medication for atrial fibrillation.
- Describe the pros and cons on non-invasive imaging using echocardiography, myocardial perfusion and CTA for evaluation of chest pain.
- Summarize recent advances in cardiovascular surgery and interventional cardiology.

**Target Audience**
The Inova Heart and Vascular Institute Cardiovascular Symposium is designed for cardiovascular clinicians, primary care physicians, fellows and residents in training, advanced practice nurses, nurses in cardiology and other medical professionals interested in cardiovascular disease prevention and management.

**Accreditation Statement**
Inova Office of Continuing Medical Education is accredited by the Medical Society of Virginia to sponsor continuing medical education for physicians.

Inova Office of Continuing Medical Education designates this educational activity for a maximum of 7.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physicians may claim up to 7.5 in Type 1 on the Virginian Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

**Acknowledgements**
This continuing medical education activity has been made possible by generous educational grants and commercial exhibits from various companies who will be recognized at the event.

**Association Supporters**
American College of Preventive Medicine
American Heart Association
Association of Black Cardiologists
National Kidney Foundation
Society of Atherosclerotic Imaging & Prevention

Currently only half of the patients that are in need of valvular replacement receive them in the U.S. due to a variety of reasons. The new percutaneous options would allow us to close this gap.

— Shawn Yazdani, MD
Invited Faculty

Roger Blumenthal, MD
Director, Johns Hopkins Ciccarone Center for the Prevention of Heart Disease
Professor of Medicine and Cardiology, Johns Hopkins University School of Medicine
Baltimore, Maryland

Vasken Dilizian, MD, FACC, FAHA
Professor of Medicine and Radiology
University of Maryland School of Medicine
Director, Cardiovascular Nuclear Medicine and PET Imaging
Chief, Division of Nuclear Medicine
University of Maryland Medical Center
Baltimore, Maryland

Kenneth A. Ellenbogen, MD
Kontos Professor of Medicine
Chair, Division of Cardiology
Director of Cardiac Electrophysiology
Virginia Commonwealth University
Richmond, Virginia

Harvey Feigenbaum, MD
Distinguished Professor of Medicine
Indiana University School of Medicine
Krannert Institute of Cardiology
Indianapolis, Indiana

Michael C. Kontos, MD
Director, Acute Cardiac Care
Co-Director, Chest Pain Evaluation Program
Associate Professor, Internal Medicine (Cardiology), Emergency Medicine and Radiology
Paley Heart Center
Virginia Commonwealth University
Richmond, Virginia

Paul Massimiano, MD
Chief, Section of Vascular Surgery
Inova Fairfax Hospital, Falls Church, Virginia
President and Chief Executive Officer
Cardiac, Vascular and Thoracic Surgery Associates
Annandale, Virginia
Clinical Assistant Professor of Surgery
Uniformed Services of the Health Sciences
Bethesda, Maryland

Peter A. McCullough, MD, MPH, FACC, FACP, FAHA, FCCP
Consultant Cardiologist and Chief Academic and Scientific Officer
St. John Providence Health System, Providence Park Heart Institute
Novi, Michigan

Richard Nesto, MD
Professor of Medicine, Tufts University School of Medicine
Boston, MA

Robert A. Phillips, MD, PhD, FACC, FAHA
Senior Vice President and Director
Heart and Vascular Center of Excellence
Professor of Medicine & Clinical and Population Health Research
UMass Memorial Medical Center
and University of Massachusetts Medical School
Worcester, Massachusetts

Paul M. Ridker, MD, MPH, FACC, FAHA
Eugene Braunwald Professor of Medicine, Harvard Medical School
Director, Center for Cardiovascular Disease Prevention
Division of Preventive Medicine
Brigham and Women’s Hospital
Boston, Massachusetts

William C. Roberts, MD, FACC, FAHA
Executive Director, Baylor Heart and Vascular Institute
Baylor University Medical Center
Editor in Chief, The American Journal of Cardiology and the Baylor University Medical Center Proceedings
Dean, A. Webb Roberts Center for Continuing Medical Education, Baylor Health Care System
Dallas, Texas.

Virend Somers, MD, PhD, FAHA, FACC
Professor of Medicine and Cardiovascular Disease
Mayo Clinic
Rochester, New York

Frederick Welt, MD
Director, Interventional Cardiology
Director, Invasive Cardiologic Experimental Laboratory
Cardiovascular Division
Brigham and Women’s Hospital
Boston, Massachusetts

Inova Faculty

Khalid Abousy, MD
Interventional Cardiologist
Inova Heart and Vascular Institute
Falls Church, Virginia

Paul DiLorenzo, MD
Staff Cardiologist
Inova Heart and Vascular Institute
Falls Church, Virginia

Jospeh Kiernan, MD, FACC, FSCAI
Co-director
Coronary Care Unit
Inova Heart and Vascular Institute
Falls Church, Virginia

Bryan Raybuck, MD, FACC, FSCAI
Director, Cardiac Catheterization Laboratories
Inova Heart and Vascular Institute
Falls Church, Virginia

Narian Rajan, MD, FACC
Interventional Cardiologist
Inova Heart and Vascular Institute
Falls Church, Virginia

Kevin Rogan, MD
Interventional Cardiologist
Inova Heart and Vascular Institute
Falls Church, Virginia

Harvey Sherber, MD, FACC
Director
Inova Heart and Vascular Institute
Falls Church, Virginia

Robert Shor, MD, FACC
Staff Cardiologist
Inova Heart and Vascular Institute
Falls Church, Virginia

Hamid Taheri, MD, FACC, FSCAI
Interventional Cardiologist
Inova Heart and Vascular Institute
Falls Church, Virginia

Marc Wish, MD, FACC
Section Chief, Cardiology
Inova Heart and Vascular Institute
Falls Church, Virginia
Registration and Cancellation Policy

The registration fees listed on the registration form include conference attendance, syllabus, lunch and refreshment breaks. Paid-in-full registration is required for admittance. Walk-in registrations are welcome. Written notice of cancellation postmarked by February 4, 2011 will receive a refund of total registration paid, less a $20 Administrative fee. The registration fee is non-refundable for cancellations received after the cancellation date.

Questions?
Contact Kellen Bagnoli at 703-776-3958 or kellen.bagnoli@inova.org

Conference Location
Inova Fairfax Hospital
Physicians Conference Center
3300 Gallows Road
Falls Church, VA 22042

Hotel Reservations
Hotel accommodations can be reserved at the Fairview Park Marriott located at 3111 Fairview Park Drive, Falls Church, VA 22042. Reservations can be made by calling the hotel directly at (703) 849-9400 or online at www.marriott.com/hotels/travel/wasfp-fairview-park-marriott/

Atrial Fibrillation is the most common cardiac arrhythmia. Apart from its impact on morbidity and mortality, the cost of atrial fibrillation treatment is estimated to be $66 billion per year. There are a number of novel oral anticoagulants with promising results to improve stroke prevention in atrial fibrillation.

— Marc Wish, MD
An email containing confirmation of your registration and directions will be sent to you. Please call Kellen Bagnoli at 703-776-3958 if you do not receive a confirmation notice prior to the conference.
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